

Frederick was born on 8th July 1883 at Herne Hill, Surrey, the son of William Glenister East and his wife Eliza Maria Frances, nee Wellman. Frederick attended the Immanuel School in London and when he enlisted in G Company, AN&MEF on 11th August 1914 he stated that he was a catechist and single. He gave his mother at Parkview, Cabramatta as his next of kin.

Frederick left Rabaul aboard the EASTERN on 9th Jan 1915 and was discharged in Sydney, term expired, on 18th Jan having completed 161 days service.

On 6th September 1915 he joined the 34th battalion, AIF and on 20th Jan 1916 qualified for, and was appointed as 2nd Lieutenant. He sailed from Sydney on the HORORATA, arriving in Plymouth on 23rd June 1916. He was hospitalised in England between 22nd July and 2nd September before being promoted Lieutenant on 1st November and joining his unit in France on 21st November.

He was evacuated to the UK on 12th December 1916 and embarked the KAROOLA for Sydney on 22nd Feb 1917, arriving on 12th April and then was discharged, medically unfit (Epilepsy, Mental Instability and Cardiac Dilation) on 28th August 1917.

In 1923 he married Ellen Winifred Langley Tilly at St Leonards. Between the wars he was a commissioned officer in the 19th CMF Battalion.

He became full time on 12th June 1914 with the rank of Lieutenant under his CMF service number, N74716. He was attached to the Intelligence Corps till 4th May 1942 when he transferred to the Cypher Section of the 2nd Australian Corps of Signals. He transferred to the AIF on 20th July 1942 and given the new service number, NX100542. He was promoted Captain on 5th December 1943 and the following day he was transferred to the Reserve of Officers.

Frederick died in his home on 6th Jan 1976 aged 82.