Victor was born at Lidcombe, NSW, the son of Robert and Margaret Arthur.

On 11th August 1914 he enlisted in F Company, AN&MEF, giving his occupation as carpenter and his mother, at Victoria St, Lidcombe, as his next of kin.

On 30th January 1915 he was appointed Lance Corporal and returned from Rabaul and was discharged, term expired, on 4th March 1915, having completed 206 days service.

On 7th March 1916, Victor enlisted in 13th battalion, regimental number 5646, and was an Acting Sergeant when he left Australia aboard the CLAN MCGILLIVRAY on 3rd May 1916.

On 23rd September 1916 he reverted to private at his own request and was again appointed Lance Corporal on 4th November the same year. On 11th April 1917 he was missing in France and later confirmed a prisoner of war, captured in Reincourt and interred at Limburg.

He released at the end of the war and returned to the UK on 2nd Jan 1919. On 3rd April 1919 he went AWOL not returning to his unit until 5th December. At his court martial he stated – "The reason for absenting myself was to look after my sister who had been left a widow. On completion of my sister's affairs I gave myself up to the authorities." He was found guilty by Court Martial and sentenced to 90 days detention. On embarkation for Australia on 22nd Jan 1920, to unexpired portion of his sentence was remitted.

Victor was awarded the Meritorious Service Medal in 1920 and Mentioned In Despatches "for valuable services rendered whilst a prisoner of war or interred."

Victor was discharged upon his return to Australia on 12th March 1920.