Patrick was born in Sydney in 1885, the son of John Conroy and Winnifred Agnes Conroy, nee Collins. Patrick's father died in 1889 when Patrick was just 4 years old.

On 11th August 1914 he enlisted in C Company, AN&MEF stating that he was a Tram Conductor, single and gave his mother, at 56 William St, Redfern, as his next of kin.

Patrick returned from Rabaul and was discharged, term expired, on 4th March 1915 having completed 206 days service.

On 11th March 1915 he enlisted as a driver in B Company, 20th Battalion, regimental number 353. He sailed from Sydney with his Battalion on 26th June aboard the BERRIMA eventually landing on Gallipoli on 19th August 1915. He was evacuated to a hospital in Cairo on 6th September and returned to Australia departing Suez on 3rd March 1916 aboard the ARGYLLSHIRE where on 21st September 1916 he was discharged as Medically Unfit – synovitis of the knee.

Before he re-joined the AIF, he married Katherine Mary Booth in Sydney in 1917.

On 16th Feb 1917 he was re-attested, joining the 7th Reinforcements of the Medium Trench Mortar Batteries as a gunner, regimental number 33621. He sailed from Sydney aboard the Shropshire on 11th May 1917 arriving in Plymouth on 19th July. He moved to France on 23rd November and was taken on strength by the 7th MTM Battery. By April 1918 he knee was again giving him trouble and this together with haemorrhoids he was deemed unfit and returned to Australia aboard the LEICHESTER leaving on 9th December and arriving back in Melbourne on 22nd Jan 1919 where he was discharged on 21st May.

Patrick died on 29th December 1938 and is buried at the Gore Hill Cemetery.