

James was born in Bega in 1886, the son of Patrick Flood and his wife Charlotte Louise, nee Ferrow. He enlisted in G Company, AN&MEF on 11th August 1914 stating that he was a labourer and single, giving his mother at "Dovedale", Eastern Ave, Kensington, NSW as his next of kin. He returned from Rabaul and was discharged, term expired, on 4th March 1915.

On 11th March he joined the 20th battalion, regimental number 190 but was discharged on 10th May – "not likely to become an efficient soldier."

On 22nd July he again enlisted in the AIF this time as part of the 5th Reinforcements, 20th battalion, regimental number 3540. On 1st October he transferred as part of the 11th Reinforcements, 13th Battalion and sailed from Sydney on 13th October aboard the PORT LINCOLN.

On 20th Jan 1916 he boarded the KAROOOLA at Suez for return to Australia, having injured his left knee. He arrived back in Sydney on 21st Feb and was discharged as medically unfit on 21st March 1916.

James died on 4th Feb 1958 and is buried at the Eastern suburbs Memorial Park, Matraville.