

Henry was born at Gosford in 1891, the son of Godfrey Friedman and his wife Annie Jane, nee Smith. On 3rd June 1911 he married Ina Letitia Cox and a daughter, Edna Doris, was born on 12th Jan 1913. Ina died in August the same year.

On 11th August 1914 he enlisted in D Company, AN&MEF stating that he was a clerk (railways) and a widower, giving his daughter care of his father who was Stationmaster at Wyong, as his next of kin. Henry was invalided out of Rabaul on 30th September 1914 and was discharged, medically unfit, in Sydney on 15th Oct having completed 62 days service.

On 23rd October 1915 he married Valarie Mary Condette Mongan at Christ Church North Sydney. On 20th November 1917 he joined the AIF as part of the Composite Battalion, Railway Reinforcements, regimental number 2985. He left Australia on the BORDA on 17th July 1918, arriving in London on 27th September. With the end of hostilities just around the corner, he remained in the UK, returning to Australia on the PORT SYDNEY which left the UK on 22nd September 1919 and arrived in Sydney on 12th November. He was discharged from the AIF on 28th November 1919.

Henry died at Bondi on 3rd May 1974 and is buried at Matraville.